

2020 ROSETHORN ADULT TENNIS PROGRAM MAY - JUNE

MORNING WORKOUT (3.0+)

APRIL 28 - JUNE 23 / TUESDAYS

7am-9am: \$360 / 9 weeks

- Intense Drills
- Physical conditioning
- Aerobic tennis development
- 4:1 student to teacher ratio

GET LEAN!

DOUBLES STRATEGY (3.0-4.5)

MAY 3 - JUNE 28 / SUNDAYS

12pm - 2pm: \$360 / 9 weeks

- Court positioning, and playing as a team
- Serving for doubles
- Doubles strategy and drills
- Tie-breaker match play
- 4:1 student to teacher ratio

TACTICS AND DRILLS

SINGLES STRATEGY (3.0-4.5)

APRIL 30 - JUNE 25 / THURSDAYS

7am-9am: \$360 / 9 weeks

- Intense drills, Physical conditioning
- Serving for singles
- Singles strategy and drills
- Tie-breaker match play
- 4:1 student to teacher ratio

INTENSE DRILLS

BEGINNER (2.0-2.5)

APRIL 30 - JUNE 25 / THURSDAYS

6pm-7pm: \$144 / 9 weeks

MAY 2 - JUNE 27 / SATURDAYS

12pm-1pm: \$144 / 9 weeks

- Beginner level promotes a love of tennis and the desire to improve skills
- Focus on technical and tactical skills, movement, court sense, rules and positioning
- 5:1 student to teacher ratio

1000 BALL DRILL (2.0-4.5)

MAY 1 - SEPT 25 / FRIDAYS

7pm-8pm: Weekly / Call Blanka 647-990-4591

Hit as many balls as you can with the pros during this fast-paced one hour drill.

INTERMEDIATES (3.0-3.5)

APRIL 28 - JUNE 23 / TUESDAYS

6pm-7pm: \$144 / 9 weeks

APRIL 29 - JUNE 24 / WEDNESDAYS

1pm-3pm: \$360 / 9 weeks

MAY 1 - JUNE 26 / FRIDAYS

6pm-7pm: \$144 / 9 weeks

MAY 2 - JUNE 27 / SATURDAYS

1pm-2pm: \$144 / 9 weeks

MAY 3 - JUNE 28 / SUNDAYS

2pm-4pm: \$360 / 9 weeks

- Basics of tactical play for singles and doubles
- Emphasize swing rhythm for forehand and backhand
- Differentiate between volleys and groundstrokes
- Focus on different serving styles as well as return of serve
- 4:1 student to teacher ratio (Wed, Sun)
- 5:1 student to teacher ratio (Tuesday, Friday, Saturday)

ADVANCED (4.0+)

MAY 2 - JUNE 28 / SATURDAYS

2pm-4pm: \$360 / 9 weeks

- Competitive and pre-competitive level players
- Training includes aerobic, physical and mental conditioning, instructional drills and challenge matches of singles/doubles
- Move beyond recreational to competitive level
- Expectation is to complement training with participation in local tournaments and leagues
- 4:1 student to teacher ratio

PROS CORNER

MIKE THOMSON

(416) 820-1993

Head Teaching Professional

shotsselections@rogers.com

BLANKA YELAVICH

(647) 990-4591

Teaching Professional, Lesson Administrator

blankayelavich@gmail.com

PRIVATE & GROUP LESSONS

Our club pros are pleased to develop your game in private, semi and group lessons. Please contact pros for availability.

	Mike Thomson	Assistant Pro
Private	\$70/hr	\$55/hr
Semi-Private	\$40/hr	\$35/hr
Group 3ppl	\$30/hr	\$25/hr
Group 4ppl	\$20/hr	\$20/hr
Group 5ppl	\$18/hr	\$16/hr

Signing Up

All lessons are based on a first come first serve basis.

Rain Policy

In the event of rain or inclement weather, group lessons will be scheduled into another group of the same level by the pro. Makeup dates will occur within 7 days of the original lesson date. Please contact the clinic pro regarding the scheduling changes.

Mailing Address

Mike Thomson, (416) 820-1993

shotsselections@rogers.com

271 Ridley Blvd., Suite 1202

Toronto, ON M5M 4N1



Make **lesson cheques** payable to Shot Selections.

Register with Rosethorn Tennis Club at rosethorntennis.com

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